



## **Diablo Audubon Society: How to contact your elected officials**

In the current political climate, it is imperative that we all get involved and contact our representatives on issues that affect birds, wildlife, and habitat. Here is a cheat sheet to help you provide regular feedback to your elected officials.

- Phoning is better than emails, but if you can't get through, try emailing or writing a letter.
- Lines are busy and mailboxes are full. Try calling Washington at 6 am our time and you can often get a person just as they are starting their day.
- Contact only your own representatives; they only want to hear from their constituents. The exception would be to thank a representative who crossed party lines to support something you favor.
- When your call is answered, tell the staffer that you are a constituent, where you are calling from, the issue, and your position pro or con. Include the bill number if it concerns legislation. Include a SHORT personal story, such as situations you have experienced or witnessed with direct relation to the issue, but don't ramble on or repeat yourself!
- Call as many times as you like on as many issues as you like. They don't care. Call a couple of times a week, rather than one huge daunting session.
- Keep this info close to your phone or computer. Resolve to block out 15 minutes at a time twice a week so you don't burn out. You are not likely not run out of issues.

### **Senator Dianne Feinstein**

Washington DC - 202-224-3841

San Francisco - 415-393-0707

Fresno - 559-485-7430

United States Senate

331 Hart Senate Office Building

Washington D.C. 20510

feinstein.senate.gov

### **Senator Kamala Harris**

Washington DC - 202-224-3553

San Francisco - 415-355-9041

Sacramento - 916-448-2727

United States Senate

B40B Dirksen Senate Office Building

Washington D.C. 20510

harris.senate.gov

### **To find your U.S. Congressperson (House of Representatives):**

Put your zip code in at

[www.house.gov/htbin/findrep](http://www.house.gov/htbin/findrep)

### **Rep. Mark DeSaulnier, 11<sup>th</sup> District**

(Walnut Creek area: *(May not be your representative!)*)

Washington D.C. - 202-225-2095

Walnut Creek - 925-933-2660

Richmond - 510-620-1000

United States House of Representatives

115 Cannon House Office Building

Washington D.C. 20515

[desaulnier.house.gov](http://desaulnier.house.gov)

**Act as an Audubon member:**

**National Audubon Society:** [www.audubon.org](http://www.audubon.org)

Click “Take Action” at the top. It will offer you sample letters, already typed up; you just provide your info and click to send.

Say Yes to “receive action alerts.” You will get periodic emails containing the above process. Click “yes” on FastAction if you want it to remember your info so you don’t type it in every time.

**Audubon California:** [www.ca.audubon.org](http://www.ca.audubon.org)

Click “Take Action: Subscribe...” at the top. You will get occasional emails with a sample letter already typed up. You just put in your details, click “Send” and you’re done.

**MDAS:** [www.diabloaudubon.com](http://www.diabloaudubon.com)

Check the “Take Action” button on the left side of the home page.